



Learn2Perform is proud to present a
PAEDIATRIC DEVELOPMENT CONFERENCE

“Bridging the Theory-Practice Gap in Football”

14th-17th May 2013

Delivered at the Britannia Stadium (Home of Stoke City FC)



THE PROGRAMME

- **Growth and Maturation:** Patterns and injury prediction
- **The art of testing:** What, Why, When, How?
- **Long term athletic development:** Paediatric considerations
- **Exertion monitoring and the role of GPS:** Managing the 'training hours'
- **Functional movement and performance stability:** Appropriate screening methods and practice
- **Psychometric profiling:** Applying the post profile intervention
- **Performance clock management:** Effective use of data
- **Future performance innovations:** Using the latest technologies to enhance our practice
- **NPL with children:** Improving communication skills with specific age groups
- **Healthy nutrition for kids:** A foundation for performance?
- **Endocrine system profiling:** The role of hormone analysis
- **Lessons in culture change:** Developing high performance organisations.

...and much more! Plus designated interaction time after every session.

Who needs to attend?

- All Academy staff working under the EPPP guidelines
- Coaches and Fitness Staff
- Up-and-coming S&C, Fitness Coaches, Sports Scientists
- Sports Science Graduates and Interns

Also of interest to ...

- Performance Directors and Department Heads
 - Medical Staff, Rehab Experts and Physiotherapists
- ... and anyone who wishes to enhance their knowledge, understanding and professional competence in this highly competitive field.

Gain competitive advantage – sharpen the blade during the closed season!

Speakers include:
Nigel Mitchell, Rhodri Lloyd, Simon Clarkson, Suzanne Scott, Craig Williams, Russ Wrigley, Mark Howard, Chris Barnes, Ian Leigh, Joe Dunbar
...plus other top speakers

Price includes 12 interactive learning sessions with lunch and refreshments.

LIMITED TO 25 PLACES

4 Days
Only £895
Early Bird Offer
£750!
Before February 28th



To book your place or get further information please call Mark Howard on 07823 558 548 visit www.learn2perform.co.uk or email mhoward@learn2perform.co.uk

In association with

